

WORKBOOK





Name

My journey so far

My degree
My field (your field is the topic you have most expertise and knowledge in)
My life skills gained through academic experience (e.g.problem solving, communication, resourcefulness, etc.)

What I care about

What is my mission? What impact do I want to have on my field? Society? The world?				

Being inspired

Note any insights, information, things to later ponder that you encountered in the first session.

Eric Furfine	
John Norman	
Marissa Kuzirian	
Eyal Ron	
Vipin Suri	

Being inspired

Note any insights, information, things to later ponder that you encountered in the second session.

Saleema Moore	
Thomas Landrain	
Juswinder Singh	
Craig Stropkay	

Reflection

You can record your notes here during lunch. What do I need to learn? What kind of skills do I need to be successful in my pursuits?				

Workshop takeaways

Workshop I attended	
Most important thing I learned at the workshop:	

My options

You can record your notes here during the closing session.
What opportunities do I have? Which programs, activities, and available resources can help me with my pursuits and my career

My plan

What are my next steps? Which available opportunities will I explore?				

Keeping you accountable

Please tear off this page and drop it off at the box available at the registration tabl
Promise to myself: I will
Please check in with me in (timeframe)
My name:
Mv email: